

Now is the time to start adjusting your student's wake-up time! The best way to do that is to make sure they go to bed ten or fifteen minutes earlier each night between now and the first day of school (September 6). Making a gradual transition to an early bedtime will be easier on everyone in the house.



## FUN, FITNESS, AND COLORFUL MEMORIES!

Get ready for an exciting day of fitness, fun, and vibrant colors! We are excited to announce the upcoming Color Wayne Fun Run/Walk/Roll at T. Spencer Knight Canal Port on September 2nd.

The Fun Run/Walk/Roll will be held outside of The Arc Wayne headquarters on Van Buren St. Registration will open at 9 a.m., and the race begins at 10:30 a.m. The participation fee is \$5 per person, available for the first 300 people, and receive a complimentary gaiter. This is a family-friendly, accessible event that is not officially timed and covers a route of approximately 3K.

We will have a lot of fun activities planned for the event, including music, yard games, color powder stations, and much more.

Please register online here to participate and join the fun.

You may also <u>create or join a fundraising team!</u> The top fundraising team and individual will receive a prize.

To volunteer to help with this event, please contact **Dave Johnson**.

## **Cornell Cooperative Extension**

**Cornell Cooperative Extension Wayne** has been granted \$10,999.00 to fund "Instant Pots for Cooking Education." This project will be facilitated by SNAP-Ed Nutrition Educators. The project will provide Instant Pots to 25 different organizations or sites whereby Nutrition Educators will teach staff and community members how to use the Instant Pot. Three families from the local community, at each site, participating in cooking demonstrations, will also receive a free Instant Pot!

Click here for the complete press release.

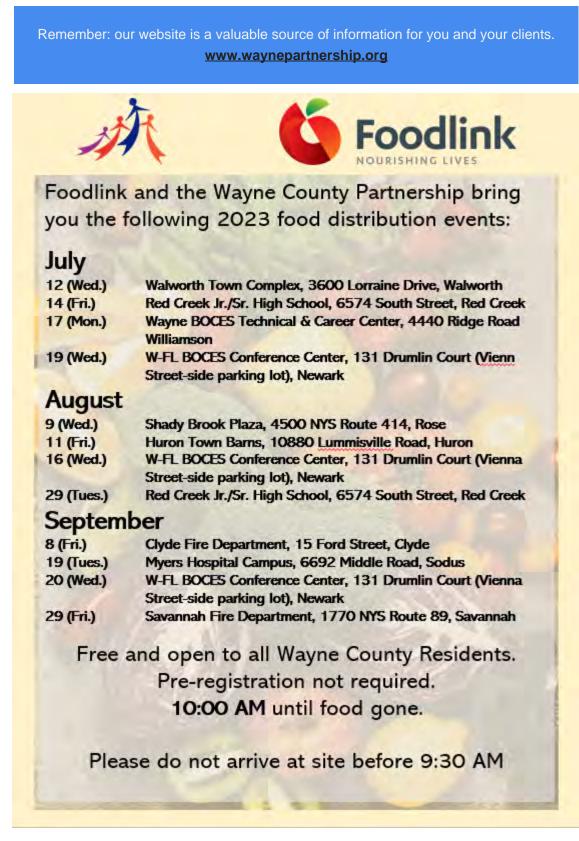


## Wallace Foundation Announces Award Winners

Wallace has selected 30 cross-sector, system-level partnerships for a one-time, oneyear funding opportunity, called <u>Advancing Opportunities for Adolescents</u>. The effort is intended to help strengthen the work of the partnerships in addressing the needs of adolescents who face barriers to participation in afterschool and summer programs and to build understanding about what partnerships like these are doing and how – insights that can help inform both the sector and potential future Wallace initiatives.

Following an open call for submissions last fall that prompted more than 1,700 expressions of interest, Wallace invited 81 partnerships to submit proposals. The 30 partnerships selected reflect urban, suburban, and rural communities across a broad geographic range. Each partnership includes a number of individual entities working together, such as community-based organizations, school districts, out-of-school-time intermediaries, neighborhood development corporations, higher education institutions, businesses, healthcare providers, and city/county offices.

Click here for the complete story.



The next drive-through food distribution is August 29 at the Red Creek High School. There are four events scheduled for September. The Clyde and Savannah dates would benefit from a few more volunteers (**click here** to volunteer).

Fall dates and locations coming soon.



And so are our readers! Please submit your news to

www.waynepartnership.org/newsletter for inclusion in this biweekly newsletter.





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Wayne Partnership Update