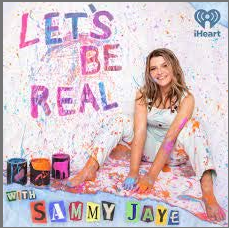


# TEENS OF WAYNE COUNTY



Fun and interesting teen talk show; some mature topics



Listen on Spotify Podcasts



Apple Podcasts



1/26/2024 Episode- Teens Swim Against Cancer

A Deep Dive Into Body Shaming: Why It is Unacceptable



February is Teen Dating Violence Awareness Month (#TDVAM). Whether you're concerned about your relationship, or if you have questions about dating in general, love is respect is here for you 24/7. Text "LOVEIS" to 22522 to speak to an advocate, or visit [loveisrespect.org](http://loveisrespect.org).



## Financial Literacy for Teens and Young Adults

A representative from Chase Bank will be here to discuss financial literacy topics such as:

- College Prep
- Banking Account Options
- Savings Plans and Credit Basics

Tuesday, February 20th  
1:00pm-2:00pm

Registration requested but not required.  
[www.WilliamsonLibrary.org](http://www.WilliamsonLibrary.org) or call 315-589-2048  
Pizza will be provided for participants.



Leave us some feedback...





# PARENT NEWS

## 3 Realms of ACEs

Adverse childhood and community experiences (ACEs) can occur in the household, the community, or in the environment and cause toxic stress. Left unaddressed, toxic stress from ACEs harms children and families, organizations, systems and communities, and reduces the ability of individuals and entities to respond to stressful events with resiliency. Research has shown that there are many ways to reduce and heal from toxic stress and build healthy, caring communities.



Thanks to Building Community Resilience Collaborative and Networks and the International Transformational Resilience Coalition for inspiration and guidance. Please visit [ACEsConnection.com](http://ACEsConnection.com) to learn more about the science of ACEs and join the movement to prevent ACEs, heal trauma and build resilience.



### How to Talk to Your Teen About Substance Use



**WAYNE COUNTY FOOD PANTRIES**

### Why Taking Care of Yourself as a Parent Matters



Tedx Talk | Be a better parent by partnering with your teen | David Kozlowski

### Leave us some feedback...



### 10 Ways to Help Your Teen Succeed in High School

