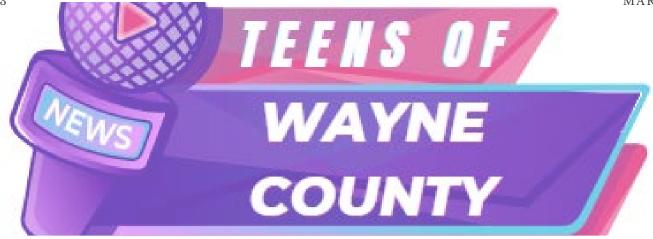
ISSUE 3 MARCH 2024









CarePath is designed to 1.) increase knowledge of mental health, and develop a wellness-mindset, and 2.) The development of realistic expectations about the process of recovery with the recognition that their mind-body health is always in movement-never static, and mental health is multidimensional.

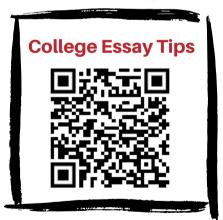
First session are set to start in April!

This is a FREE 90-day program for youth 12+ seeking mind-body wellness coaching mmiller.UnitedWeStand@gmail.com | 315-502-0007 | www.UnitedWeStandCAC.org



















We would appreciate your feedback -->

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