Wayne Partnership Update

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WAYNE COUNTY COMMUNITY SCHOOLS HOSTS CALIFORNIA EDUCATORS

Wayne County, NY - October 2023 - Community Schools is a strategy that includes local agencies and service providers partnering with schools to help meet the needs of students and their families within each community. The concept is not new but has taken hold across the United States. Wayne County has been at the forefront of putting this concept into concrete action.

As a nationally recognized leader in the field, Wayne County Community Schools recently hosted a large delegation of educators from Kern County, California. Kern County shares several similarities with Wayne County, including its primarily rural communities and large agricultural base.

Thirteen educators, administrators, and community leaders from Kern County spent three days in October touring Wayne County, visiting schools and communities, attending meetings, and sharing ideas and best practices. Their tour included visits to the Sodus Elementary, Intermediate, and High Schools, the Red Creek Jr/Sr High School, the Clyde-Savannah Elementary and High Schools, and the Marion Jr/Sr High School. They were

able to step into classrooms and interact with our students.

The Kern delegation attended the Wayne County Partnership meeting and participated in Multi-Tiered System of Support and Community Schools Round tables.

They were able to tour Downtown Lyons and interact with businesses, agencies, and community leaders with the support of several local businesses (the Lyons Main Street Program, the Ohmann Theater, Evolve, Trom's, and Imprint Coffee). They also had a chance to tour Black Creek Farms in Savannah to learn about the farm-to-school programs taking place in Wayne County.

This visit complemented a similar event that took place last spring when a delegation from Wayne County Community Schools took a trip to Kern County to teach and learn about implementing the Community Schools strategy across multiple districts.

To learn more about Wayne County Community Schools, visit www.waynecountycommunityschools.org.



Smart Devices and Sleep Do Not Mix

In a recent article written for "Parents and Kids" (Rochester Regional Health), psychologist Alice C. Hoagland, Ph.D. explains how natural sleep works, why cell phone use disrupts those patterns, and what can be done about it.

Click here to read "How Teenage Phone Use Is Affecting Their Sleep"





Beginning February 11th, the **Vecinos Unidos Bridges Program** will take off. We will be looking to support fun learning in a different subject area each session. Families with children of all ages can look forward to a fun game night, math night, wacky science, and fun ELA themed learning. Families will have opportunities to win prizes for participation and as always, there will be a warm meal to share each evening. This program is free, but registration is required.

Click here to register online

Click here for a paper application



There are still two more drive-through food distributions this year! They are:

- Wednesday, December 13, 2023 in Newark (WFL BOCES Conference Center, 131 Drumlin Court (Vienna Street side))
- Wednesday, December 20, 2023 in Sodus (Myers Hospital Campus, 6692 Middle Road)

In January, we're heading indoors for the winter months, with all distributions being held at the Lyons Transportation Facility (70 Clyde Road). The dates are:

- Friday, January 12, 2024
- Thursday, January 18, 2024
- Tuesday, January 30, 2024

For complete details, including information on non-Partnership distribution events, see www.waynepartnership.org/food.

Do you have an item, update, or event to share? <u>Click here to submit it to our newsletter!</u>



2022 Grammy nominated musician, Vaughn Faison, to highlight the 2024 Wayne County Dr. Martin Luther King Jr. Day Celebration

The annual 2024 Dr. Martin Luther King Jr. Celebration kicks off Black History Month in a Year on Dr. Martin Luther King Jr. Day, January 15, 2024, from 12:45 to 3:15 PM at the Sodus Third United Methodist Church. Vaughn Faison (Lyons High School grad) and his Grammy nominated vocal group, Kings Return, will be featured guests as an exclusive virtual appearance.

Numerous local young people will also contribute to the program which is dedicated to forging community by celebrating Dr. King's legacy of non-violent struggle. The Celebration event will be preceded by a Commemorative March led by Justice Organization for Youth (JOY) beginning at noon starting at the Sodus High School parking lot and proceeding to the Methodist Church.

The day will culminate in the church community room with a Community Meal

immediately following the Celebration Program.

For the second year, the program will host The Elders' Narratives Project which invites Wayne County residents of all ages, with special attention to elders, to record their experiences with racial and social injustice in the spirit of Dr. King's legacy of struggle. An audio-visual interview room will be available beginning at 11:30 am in the church.

Come join the 2024 Wayne County MLK Celebration in the spirit of shared values. Hosts Wayne Action for Racial Equality

<u>www.facebook.com/WayneActionForRacialEquality/</u>, the Village of Sodus, the Wayne County and Sodus Central School Community Schools Programs, along with the Sodus Third United Methodist Church welcome you.

Please join us for all or any part of the day (March, Celebration Program, and/or Meal).

For further details, contact <u>Jim Wood by email</u> or (585-967-8687) or Pat Hall (585-737-2542).



The next full meeting of the Wayne County Partnership will be Wednesday, January 10, 2024, from 9:00 - 10:30 am. To avoid potential weather-related inconveniences, this meeting will be conducted via Zoom.

<u>Please register here</u> to receive the meeting link, meeting agenda, and any meeting updates.



How can you donate to a local food pantry WELL?

You may be feeling extra generous this time of year and wanting to bless a family in need. Maybe you'd like to help via Amazon wish list, or you'd like to donate clothes, or food to your local food pantry, or you'd like to a canned food drive at your work to give back, etc. Whichever way you choose to give to others during this month is great. But instead of just cleaning out your pantry of brownie mix and three bean salad-or bringing what you think people in need would like- here are some tips, from a local food bank, on what folks in need really crave.

1. Call your local pantry before you donate and ask them what they NEED.

Oftentimes, you'll find that they may have enough bread, pasta, and sauce to last a lifetime. But they may need another item like mayo, salad dressings, broth, and staples that are typically in our cabinet, but in short supply at pantries.

2. Consider donating a full meal to a pantry instead of random ingredients.

This makes the workers and volunteers' job of putting together boxes for families so much easier.

3. Consider donating personal items.

Personal care items like deodorant, toothpaste, toothbrushes, shampoo/conditioner, body wash, and feminine products are all needed by these folks.

4. Think outside the box!

Everyone donates Kraft mac and cheese, spaghetti, and chef Boyardee. These folks

deserve real, well rounded nutritious meals just like the rest of us. Pretend that you're shopping for your family for a meal. The only rule is the meat and veggies must be canned. What could you come up with?

Here's a list of food items to donate that pantries usually NEED:

- Cheese
- Butter
- Peanut butter
- Jelly/jam
- Tea
- Coffee
- Sugar
- Honey
- Tuna
- Mustard
- · Canned chicken
- · Cheese- Did I say cheese? Here it is again!
- Mayonnaise
- · Salt & pepper
- Broth
- Canned veggies or fruits
- Rice
- Beans
- Canned soup/stew
- Salsa
- Microwavable items
- Frozen vegetables (call your food bank to check if they accept these)

Now that we know how to better serve our food pantries, we can better serve our community. **Use these recipes as inspiration** on how to put together a great food pantry box for a family that would show them you care!

The Partnership Is:

Arc Wayne . Catholic Charities of the Finger Lakes . Child Care Council, Inc. Clyde-Savannah CSD - Common Ground Health - Cornell Cooperative Extension Council on Alcoholism and Addictions of the Finger Lakes - Delphi Rise - Evalumetrics Research Family Counseling Services of the Finger Lakes - Family Promise of Wayne County Fidelis Care • Finger Lakes Community College • Finger Lakes Community Health Finger Lakes Community Schools • Finger Lakes Problem Gambling Resource Center Finger Lakes Workforce Investment Board • FLACRA • Gananda Schools Geneva/Finger Lakes Salvation Army • Bryan R. Harrison, PhD • Literacy Volunteers of Wayne County Lyons CSD • Marion CSD • Monroe BOCES • Newark CSD • Newark-Wayne Hospital • North Rose-Wolcott CSD OWWL Library System • Palmyra-Macedon CSD • Person Centered Services • Real Life Counseling Red Creek CSD • Scarlet Thread Ministries • Sodus CSD • Survivor Advocacy Center of the Finger Lakes United Way of Greater Rochester and the Finger Lakes • Wayne Action for Racial Equality Wayne Behavioral Health Network • Wayne CSD • Wayne County Action Program Wayne County Board of Supervisors - Wayne County Dept. of Aging & Youth Wayne County Dept. of Social Services • Wayne County Pre-Trial Services • Wayne County Public Health Wayne County Rural Health Network - Wayne-Finger Lakes BOCES Wayne M.O.S.T. - Western New York Rural Area Health Education Center - Williamson CSD Youth Advocate Program







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