

## Wayne Partnership Update

David Englert <info@waynepartnership.org>

Thu 11/16/2023 9:55 AM

To:Waynepartnership@gmail.com <Waynepartnership@gmail.com>

[View this email in your browser](#)





# Table Talk

*with SOAR*

You are invited to join us to eat and chat around the table!

Topic of discussion: Sustainability and resident engagement.

What are your thoughts regarding next steps for the Savannah/Clyde/Galen community?

Please pick one of the following dates to attend:

**Breakfast: Thursday, November 2, 9am**

**Dinner: Thursday, November 16, 6pm**

**66 Glasgow St., Clyde**

RSVP appreciated, but not required. 315-573-0903 or [ab2832@cornell.edu](mailto:ab2832@cornell.edu)



Our friends at SOAR are holding a Table Talk Thursday, November 16 at 6 pm. Please see the flyer, above, for details.

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# ENGAGEMENT SERIES

FOR PEOPLE WITH INTELLECTUAL & DEVELOPMENTAL DISABILITIES

## DOMESTIC & SEXUAL VIOLENCE:

RECOGNIZING & PREVENTING DOMESTIC & SEXUAL VIOLENCE FOR PEOPLE WITH DISABILITIES



Featuring guest presenter

Kelly Weiss, Project Coordinator



Office for the Prevention of Domestic Violence



DECEMBER 14, 2023  
6:00PM

Scan the code to register and submit any question(s) you may have for Kelly!



**Person Centered Services** is hosting a quarterly virtual Engagement Series. The purpose is to share vital information for people with intellectual and/or developmental disabilities. This series is geared towards people receiving care coordination, caregivers, and anyone else who would benefit from the information shared.

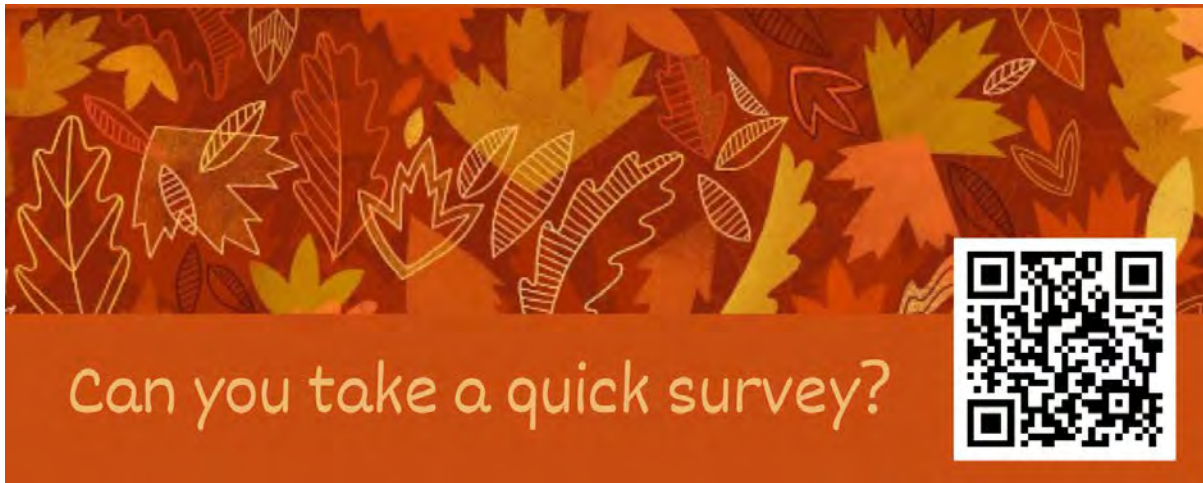
**Click on the image, above for a printable flyer.**

The next session's information is below, and the flyer is attached. We encourage you to attend and share with your networks to ensure this important information is spread widely.

Topic: Domestic & Sexual Violence: Recognizing & Preventing Domestic & Sexual

Violence for People with Disabilities Date: Thursday, December 14, 2023 Time: 6:00 PM

Location: Zoom



### Seeking Local Input

What is the top need of Wayne County youths right now? Please take a quick (~2 minute) survey to help 4-H staff with Cornell Cooperative Extension understand what local stakeholders perceive to be the current needs/gaps for young people in Wayne County. This survey is open to youths, parents/guardians and other family members, people working in education, nonprofit, or business settings - anyone who has knowledge and insights in the lives and wellbeing of youths in Wayne County, New York. You can use this link: <https://forms.gle/LVV2G7MGFVERMCmK9> or scan the QR Code, above.

Thank you in advance!

	<p><b>MAKE A DIFFERENCE</b></p> <p>Millions of Americans are impacted by Alzheimer's disease, and you can do something to help by becoming an Alzheimer's Association volunteer. As an Association volunteer, you can use your unique talents to make a meaningful impact in your community in one of the following positions:</p> <ul style="list-style-type: none"> <li>- Community Educator</li> <li>- Faith Outreach Representative</li> <li>- Support Group Facilitator</li> </ul>	<p><b>24/7 HELPLINE: 800.272.3900</b></p> <p><b>Our Helpline provides 24/7 support and information.</b></p> <p><i>Call us with any questions!</i></p> <p>The free Alzheimer's Association 24/7 Helpline provides support to people living with Alzheimer's disease or another dementia, caregivers, and families. Speak confidentially with master's level care consultants for decision-making support, crisis assistance and education on concerns families face every day.</p> <p><small>This publication is supported, in part, by a grant from the New York State Department of Health and Monroe County Office of Aging. All programs and services offered by the Alzheimer's Association are free to the public.</small></p>
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The Alzheimer's Association is conducting several programs throughout Wayne County in November and December, including caregiver support group meetings.

Please [click here](#), or on the image above, for more details.



Foodlink and the Wayne County Partnership bring you the following 2023 food distribution events:

**UPDATED NOVEMBER 7, 2023**

## October

- 6 (Fri.) Red Creek Jr./Sr. High School, 6574 South Street, Red Creek
- 13 (Fri.) Huron Town Barns, 10880 Lummisville Road, Huron
- 17 (Tues.) Shady Brook Plaza, 4500 NYS Route 414, Rose
- 18 (Wed.) W-FL BOCES Conference Center, 131 Drumlin Court (Vienna Street-side parking lot), Newark

## November

- 15 (Wed.) W-FL BOCES Conference Center, 131 Drumlin Court (Vienna Street-side parking lot), Newark
- 20 (Mon.) Williamson Town Park, 3773 Eddy Road, Williamson
- 21 (Tues.) Clyde Fire Department, 15 Ford Street, Clyde
- 29 (Wed.) Walworth Town Complex, 3600 Lorraine Drive, Walworth

## December

- 5 (Tues.) Savannah Fire Department, 1770 NYS Route 89, Savannah
- 8 (Fri.) Shady Brook Plaza, 4500 NYS Route 414, Rose
- 13 (Wed.) W-FL BOCES Conference Center, 131 Drumlin Court (Vienna Street-side parking lot), Newark
- 20 (Wed.) Myers Hospital Campus, 6692 Middle Road, Sodus

Free and open to all Wayne County Residents.  
Pre-registration not required.  
**10:00 AM** until food gone.

**Please do not arrive at site before 9:30 AM**

There are still eight Partnership drive-through food distributions left in 2023. (Plus two non-Partnership events in Marion -- Please see [www.waynepartnership.org/food](http://www.waynepartnership.org/food) for more information).

PLEASE NOTE: the location for our December 8 distribution has moved to Rose.

We are currently scheduling distribution dates for winter (three per month, all in Lyons) and spring 2024 (four per month when possible, throughout eastern and central Wayne County). Stay tuned for details.

The schedule for 2024 Partnership meetings, including workgroups, can be found on our web site, or by following [this link](#).

NOVEMBER 2023

# YOUR HEALTH MATTERS

Wayne County Community Health & Wellness News

## Healthy Air & Lungs Issue

*A Note From the Nurse's Office:*

**Asthma** is a chronic disease involving the airways in the lungs. These airways allow air to come in and out of the lungs. If you have asthma, your airways become inflamed. This makes it difficult for air to move in and out of the lungs, causing symptoms such as coughing, wheezing, shortness of breath, and/or chest tightness.

Asthma can be triggered by a number of different causes, and these triggers vary from person to person with asthma. These factors include tobacco smoke, viral and bacterial infections, exercise, exposure to allergens such as pollen, dust mites, or pet dander, acid reflux, weather changes, and emotional anxiety.

It can be scary for a parent to send their child who has been diagnosed with asthma to school. There are a few steps that you can take to help prepare everyone to provide the best care for your child:

- Have a check-up with your child's doctor to discuss medication use.
- Have an Asthma Action plan completed and assess your child's readiness to self-carry medication.
- Schedule a meeting with the school's nurse, teachers, and coaches about your child's condition and the care they require.

Helping your child know their asthma and helping the adults at school be partners in caring for your child will help prevent serious emergencies.

There are educational programs available through the American Lung Association that can be provided at school. These programs help your child better manage their own asthma.

- **Open Airways for Schools** is a program for children ages 8-11.
- **Kickin' Asthma** is for children 11 to 16.

We encourage you to reach out to your school to see if these programs are offered in your district. Check out [lung.org](http://lung.org) for more information on these resources!

VOLUME 21

**IN THIS ISSUE:**

- Note from the Nurse's Office
- Healthy Air & Lungs Steps To Take
- Wayne County Trivia
- Resources for Quitting Smoking and Vaping
- Diet and Lung Health
- Radon Testing Resources

SNAP-Ed New York  
 CCE Partnership WAYNE  
 Public Health Wayne County, NY  
 WAYNE COUNTY Community Schools

This month's **Your Health Matters** newsletter is focused on **Healthy Air and Lungs**. In this edition, you'll find:

- Reassuring Asthma advice for parents from the Nurse's Office

- MULTIPLE resources to help you or someone you love quit smoking/vaping (The Great American SmokeOut is Nov 16th!)
- A fun Wayne County trivia for adults and kids to try together
- A *really* yummy squash recipe from SNAP-Ed
- Tips for keeping indoor and outdoor air healthy (including info on how to get a Radon test for your home.)

We hope you find value in the pages and welcome you to share this newsletter widely.

If you prefer an electronic or socially shareable version, click the links below:

[Your Health Matters](#) | [Wayne County Community Schools](#)

You can also find the newsletter on Social Media:

[Wayne County Community Schools](#) | [Sodus NY](#) | [Facebook](#)

### The Partnership Is:

Arc Wayne • Catholic Charities of the Finger Lakes • Child Care Council, Inc.  
 Clyde-Savannah CSD • Common Ground Health • Cornell Cooperative Extension  
 Council on Alcoholism and Addictions of the Finger Lakes • Delphi Rise • Evalumetrics Research  
 Family Counseling Services of the Finger Lakes • Family Promise of Wayne County  
 Fidelis Care • Finger Lakes Community College • Finger Lakes Community Health  
 Finger Lakes Community Schools • Finger Lakes Problem Gambling Resource Center  
 Finger Lakes Workforce Investment Board • FLACRA • Gananda Schools  
 Geneva/Finger Lakes Salvation Army • Bryan R. Harrison, PhD • Literacy Volunteers of Wayne County  
 Lyons CSD • Marion CSD • Monroe BOCES • Newark CSD • Newark-Wayne Hospital • North Rose-Wolcott CSD  
 OWWL Library System • Palmyra-Macedon CSD • Person Centered Services • Real Life Counseling  
 Red Creek CSD • Scarlet Thread Ministries • Sodus CSD • Survivor Advocacy Center of the Finger Lakes  
 United Way of Greater Rochester and the Finger Lakes • Wayne Action for Racial Equality  
 Wayne Behavioral Health Network • Wayne CSD • Wayne County Action Program  
 Wayne County Board of Supervisors • Wayne County Dept. of Aging & Youth  
 Wayne County Dept. of Social Services • Wayne County Pre-Trial Services • Wayne County Public Health  
 Wayne County Rural Health Network • Wayne-Finger Lakes BOCES  
 Wayne M.O.S.T. • Western New York Rural Area Health Education Center • Williamson CSD  
 Youth Advocate Program



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