

Wayne Partnership Update

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The Wayne County
Partnership
Issue # 122 March 7, 2024

Community Schools Network nys NEW YORK STATE NETWORK FOR YOUTH SUCCESS

NYS Community Schools
Resilience & Equity Conference
As part of The 2024 Empower Youth Success Conference

April 17th & 18th, 2024
235 Hoosick Street, Troy, NY 12180

Featuring Presentations By State & National Speakers Such As:
Dr. Kent McIntosh
Abe Fernandez
Wade Norwood
Ruth B. Turner

Logos: UConn, National Center for Community Schools, Common Ground Health, Rochester City School District

Take a deep dive into Community Schools Essentials, Restorative Practice, and Positive Behavioral Interventions and Supports in the frame of integrated multi-tiered systems of support (MTSS-I). Strengthen your local Community Schools practice, network with other community schools, and increase the visibility of community schools to **advance the movement across the state.**

[Register here.](#)



Caregiver/Parent Summit

May 10, 2024 8:30am-3pm
The BOCES Conference Center 131 Drumlin Court, Newark

Presentations
ARC Wayne-programs overview
Long-term Planning for your child with Special Needs
Person Centered Services Program

**A special interactive mental health training presented by the Up Guys:
 " Fundamentals for a Bright Future"**

Resource tables from local community agencies.
Light breakfast and lunch will be provided

To register call Wayne County Public Health
315-946-5749
 Register by-4/19/2024
 Registration is limited to 30 Persons
 Must be a Wayne County resident and have a
 child ages birth to 21 with a special health
 care need.

 **Sponsored by the Wayne County Public Health Children and Youth With Special Health Care Needs Program**

FUNDED BY WAYNE COUNTY PUBLIC HEALTH AND THE NYS DOH USING FEDERAL HEALTH RESOURCES AND SERVICES ADMINISTRATION TITLE V FUNDING THE OPINIONS, RESULTS, FINDINGS AND/OR INTERPRETATIONS OF CONTENT CONTAINED THEREIN ARE THE RESPONSIBILITY OF THE CONTRACTOR AND DO NOT NECESSARILY REPRESENT THE OPINIONS, INTERPRETATIONS, OR POLICY OF THE STATE OR FEDERAL FUNDING AGENCY

The Wayne County Public Health Children and Youth with Special Health Care Needs program is hosting a one day event at the W-FL BOCES Conference Center in Newark. There will be presentations on ARC Wayne programs, Long Term Planning for your child with special needs and Person Centered Services. This event is free, a light breakfast and lunch will be provided. Space is limited to 30 participants.

Community Schools Theater and Arts Presents:



Scrunched

a musical showcase

Auditions

Auditions will be held on

March 24th 10am - 6pm and

March 25th 3pm - 8pm

at the Rose Union

Community Building

10734 School St,

Rose, Ny 14433

For Youth ages 10 - 14

For auditions sing any
song of your choosing
and read a provided
monologue!

Any Questions?

colby.balcom@waynecap.org

Sign up for an audition
slot on our website!

theater.wccsny.org

Performances will be April 19th,
and April 20th @6pm, and
April 21st @2pm

Written by: Harmony Hyde



The **Wayne County Community Schools Theater Program** is holding auditions for youth ages 10 - 14 with an interest in acting and singing on stage. Auditions will take place on March 24 and 25. Visit the web site to secure a slot.

Auditions for "Mean Girls, the Musical (High School Edition)" are also being held on March 15 and 16. This show is seeking youth ages 14 - 18. Information may also be found on the web site.

CENTRALITE **1.5 Mile Course**

COLOR RUN

@RED CREEK HIGH SCHOOL
6574 SOUTH STREET RED CREEK NY

EVENT 9AM-12PM

FOOD MUSIC BOUNCE HOUSES

SATURDAY
MAY 4TH
2024



*Scan me
To sign
up*

EARLY BIRD SIGN UP
\$15 PER RUNNER UNTIL MARCH 22ND
\$25 PER RUNNER AT EVENT

9 AM START

Want to be a sponsor? centralite@rccsd.org
RAIN DATE SATURDAY MAY 5TH 2024

Get ready to bring colors to life at the Red Creek High School Color Run on May 5th, 2024! Hosted by our very own Yearbook Club, this dazzling event isn't just a run—it's a rainbow celebration that helps lower the cost of yearbooks for every student. Whether you're a seasoned runner or just want to walk a fun-filled course, you'll end up wearing a masterpiece, thanks to the vibrant hues you'll collect on your white event shirt.

Registration for this event can be found by scanning the QR code, or by clicking the image above.




Submitting your event or update to this newsletter couldn't be easier! Simply visit www.waynepartnership.org/newsletter and complete the simple form.

TOBACCO ACTION COALITION OF THE FINGER LAKES

REALITY CHECK VIRTUAL Q&A

TOPIC DISCUSSION:

Join our Virtual Q&A session to explore TACFL initiatives and how you can help make a difference by minimizing tobacco usage, advocate for smoke-free spaces, and create a healthier environment for all!

 March 20, 2024	 Virtual event	 6:00 pm - 7:00 pm
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Hosted by:
Tobacco Action Coalition of the Finger Lakes

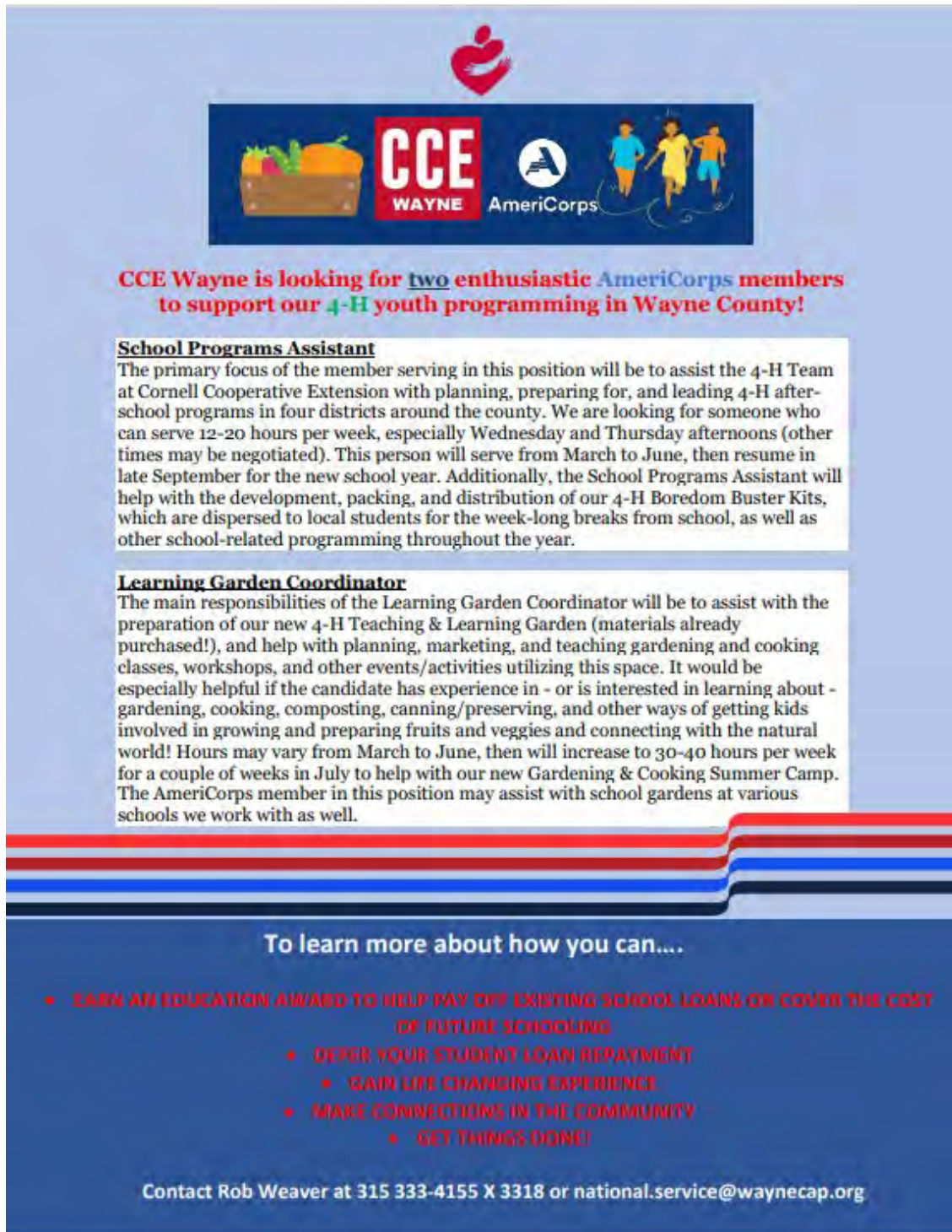


Register now at :



 (585)484-1503
  Emily.DeArmitt@Lung.org

The Tobacco Action Coalition of the Finger Lakes is holding a virtual Q&A session on March 20. See the flyer for details.



CCE Wayne is looking for two enthusiastic AmeriCorps members to support our 4-H youth programming in Wayne County!

School Programs Assistant
The primary focus of the member serving in this position will be to assist the 4-H Team at Cornell Cooperative Extension with planning, preparing for, and leading 4-H after-school programs in four districts around the county. We are looking for someone who can serve 12-20 hours per week, especially Wednesday and Thursday afternoons (other times may be negotiated). This person will serve from March to June, then resume in late September for the new school year. Additionally, the School Programs Assistant will help with the development, packing, and distribution of our 4-H Boredom Buster Kits, which are dispersed to local students for the week-long breaks from school, as well as other school-related programming throughout the year.

Learning Garden Coordinator
The main responsibilities of the Learning Garden Coordinator will be to assist with the preparation of our new 4-H Teaching & Learning Garden (materials already purchased!), and help with planning, marketing, and teaching gardening and cooking classes, workshops, and other events/activities utilizing this space. It would be especially helpful if the candidate has experience in - or is interested in learning about - gardening, cooking, composting, canning/preserving, and other ways of getting kids involved in growing and preparing fruits and veggies and connecting with the natural world! Hours may vary from March to June, then will increase to 30-40 hours per week for a couple of weeks in July to help with our new Gardening & Cooking Summer Camp. The AmeriCorps member in this position may assist with school gardens at various schools we work with as well.

To learn more about how you can....

- **EARN AN EDUCATION AWARD TO HELP PAY OFF EXISTING SCHOOL LOANS OR COVER THE COST OF FUTURE SCHOOLING**
 - **DEFER YOUR STUDENT LOAN REPAYMENT**
 - **GAIN LIFE CHANGING EXPERIENCE**
 - **MAKE CONNECTIONS IN THE COMMUNITY**
 - **GET THINGS DONE!**

Contact Rob Weaver at 315 333-4155 X 3318 or national.service@waynecap.org

Cornell Cooperative Extension Wayne is seeking two AmeriCorps members to support 4-H youth programming. Download the flyer, above, for details.

JOIN THE YOUTH MENTAL HEALTH ADVISORY BOARD

Advocate for positive change in your community & throughout New York State!

The Youth Mental Health Advisory Board (YMHAB) plays a crucial role in informing policies for the Office of Mental Health, Office of Addiction Services and Supports, and advising the Governor. Your voice matters, and we are dedicated to empowering young people to make a difference!

Requirements:

- Middle or High School student interested in mental health, including with lived experience
- Application Process: Fill out the application for the Youth Mental Health Advisory Board (YMHAB)
- Commitment: Attend at least 4 meetings per year, 2 of which will be in-person in Albany (compensation, travel, hotel, meals covered).



Do you know a youth or youths who might like to advise the NYS Office of Mental Health on issues impacting their lives? Encourage them to apply to the YMHAB!

[Apply here.](https://bit.ly/3tQ9RAn)

MARCH 2024

YOUR HEALTH MATTERS

Wayne County Community Health & Wellness News



Health Literacy Issue

We often talk about the importance of literacy- the ability to read, write, and comprehend what is communicated. You may have also heard of financial literacy- the ability to handle money and make financial decisions. But have you heard of Health Literacy? Health Literacy is the ability to find, understand and use health information to make informed decisions. This issue is dedicated to bringing you tips and best practices for honing your health literacy so that you can make the best decisions for your health and wellbeing.

VOLUME 25

IN THIS ISSUE:

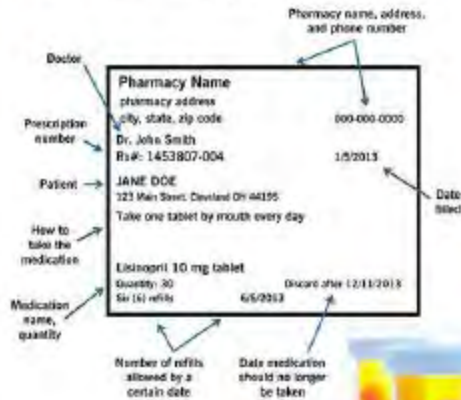
- Note from the Nurse's Office
- 5 Medication Rules
- Reading Nutrition Labels
- Healthy Eating Websites
- The Science of Vaccines
- Telehealth Open House



A Note from the Nurse's Office:

Following a doctor's orders for taking medication is very important for maintaining one's health and ensuring that the prescribed treatment works as intended. Below is a guide to reading a prescription label and 5 Medication Rules to always follow.

How to Read a Prescription Medication Label



All prescription medication labels include the above information. Your prescription label may have a different format than the one shown. The prescription number (Rx#) is usually printed in the upper left hand corner of the pharmacy label. Become familiar with your prescription medication labels.



5 Medication Rules

1. Follow the doctor's orders as to when and how to take medicine. (AM vs PM, with food vs. empty stomach, etc.). This allows the medicine to work most effectively and may reduce negative interactions.
2. Never share prescription medicine with someone else.
3. Safely store your medicine away from children or pets.
4. Talk to your doctor before stopping or starting any medication.
5. If you have any leftover medication, bring the entire bottle/package to a drop off location.

Wayne County medication drop off locations:
<https://www.wcphny.com/medication-drop-boxes/>



The March 2024 issue of Your Health Matters focuses on health literacy. View or download the newsletter by clicking on the image, above.

February 15, 2024

FLX MHD NEWSLETTER

Mental Health in our schools and community

Nelly Edinger, LMSW & ENL Specialist and Stephen Humbert Sch Psy & Special Ed Specialist

Self Care and Burnout Prevention

Working in the mental health field is stressful work. Those in the helping and service-oriented professions (e.g., counselors, police, firefighters, teachers, nurses) may be prone to experiencing chronic high levels of stress. This can lead to burnout, the physical, emotional, or mental exhaustion accompanied by decreased motivation, lowered performance and negative attitudes toward oneself or others. Helping professionals are also vulnerable to the impact of repeated exposure to the traumatic stories and experiences of patients which can lead to vicarious traumatization (secondary traumatization). The repeated emotionally intimate contact with trauma survivors can result in vicarious trauma which can manifest in intrusive thoughts, nightmares, emotional numbness, heightened anxiety and a shift in worldview. Known as the "cost of caring", compassion fatigue, emotional and physical exhaustion, and stress-related symptoms, may be experienced by mental health professionals after working with traumatized clients over an extended period of time. All mental health providers need to be wary of the potential for experiencing any or all three of these.

"The wise rest at least as hard as they work." – Mokokoma Mokhonoana



Click the image, above, to view or download the February issue of the FLX MHD newsletter.



In celebration of National Poetry Month in April, Verses in the Village is excited to announce the second annual community-wide program to bring the beauty and inspiration of poetry by local poets to the public. Newark's celebration of National Poetry Month in April last year was a great success, thanks to poets like you. Please share this invitation for submissions with anyone you know who might be interested in participating. For the 2024 event we have decided to organize the event around the theme of Eclipse, in light of (pun intended) the upcoming total solar eclipse that will be visible in this area on April 8. Although any theme is eligible for inclusion in Verses in the Village, those that address the event's theme of Eclipse might touch on any one of its meanings: astronomy; obscuration of light; a reduction or loss of splendor, status, or reputation (www.dictionary.com).

Following this theme, published and budding poets residing within a 10-mile radius of Newark are invited to submit one or two original poems of up to 150 words each. Submissions must be typed using at least a size 14 font and fit on a single 8½" x 11" page. They will be reviewed by the organizing committee, and selected poems will be highlighted in downtown businesses throughout the month of April. A list of cooperating businesses and the poem(s) on display will appear on the [Verses in the Village website](#). In addition, the authors will be invited to read their poem(s) at a public reading in a venue and time to be selected at a future date.

To submit a poem or request more information, please email Versesinthevillage@gmail.com. The deadline for submissions is March 13.

The Partnership Is:

Arc Wayne • Catholic Charities of the Finger Lakes • Child Care Council, Inc.
 Clyde-Savannah CSD • Common Ground Health • Cornell Cooperative Extension
 Council on Alcoholism and Addictions of the Finger Lakes • Delphi Rise • Evalumetrics Research
 Family Counseling Services of the Finger Lakes • Family Promise of Wayne County
 Fidelis Care • Finger Lakes Community Action • Finger Lakes Community College
 Finger Lakes Community Health • Finger Lakes Community Schools
 Finger Lakes Problem Gambling Resource Center • Finger Lakes Workforce Investment Board • FLACRA
 Gananda Schools • Literacy Volunteers of Wayne County • Lyons CSD • Marion CSD
 Mid-West Family and Community Engagement Centers • Newark CSD • Newark-Wayne Hospital
 North Rose-Wolcott CSD • OWWL Library System • Palmyra-Macedon CSD • Person Centered Services
 Real Life Counseling • Red Creek CSD • Salvation Army of Geneva and the Finger Lakes
 Scarlet Thread Ministries • Sodus CSD • Survivor Advocacy Center of the Finger Lakes
 United Way of Greater Rochester and the Finger Lakes • Wayne Action for Racial Equality
 Wayne Behavioral Health Network • Wayne CSD • Wayne County Board of Supervisors
 Wayne County Dept. of Aging & Youth • Wayne County Dept. of Social Services
 Wayne County Pre-Trial Services • Wayne County Public Health • Wayne County Rural Health Network
 Wayne-Finger Lakes BOCES • Wayne M.O.S.T. • Williamson CSD • Youth Advocate Program



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